

SCOTTISH ATHLETICS FEDERATION



NATIONAL CROSS-COUNTRY

RELAY CHAMPIONSHIPS

FOR MALES AND FEMALES

Sponsored by



COPIERS

AT THE BEACH PARK - IRVINE
ON SATURDAY 22ND OCTOBER, '94

R E S U L T S



European
Drug Prevention
Week

15-22 October 1994



NATIONAL YOUNG ATHLETES MALES

1st	FIFE A.C.		
	A.Lemoncello	8.05	
	C.Michie	7.25	
	I.Rough	7.57	23.27
2nd	VICTORIA PARK A.A.C.		
	S.O'Boyle	8.30	
	P.Uppall	7.51	
	P.Young	7.24	23.45
3rd	CAMBUSLANG HARRIERS		
	P.Graham	8.24	
	G.Ferguson	7.42	
	S.South	7.48	23.54

FASTEST LAPS

UNDER 13		UNDER 15		UNDER 17	
A.Lemoncello	8.05	C.Michie	7.25	M.Coombe	7.16
Fife A.C.		Fife A.C.		Teviotdale Harriers	

NATIONAL SENIOR/JUNIOR LADIES

1st	CITY OF GLASGOW A.C.		
	E.Cochrane	15.54	
	L.McIntyre	15.16	
	S.Branney	15.28	46.18
2nd	SHETTLESTON HARRIERS LADIES		
	E.McBrinn	15.40	
	E.Mackay	15.27	
	K.Scobie	15.54	47.01
3rd	EDINBURGH UNIVERSITY H&H		
	K.McMillan	15.38	
	M.Smith	15.32	
	H.Parkinson	16.29	

FASTEST LAP

L.McIntyre - City of Glasgow A.C. 15.16

NATIONAL YOUNG ATHLETES GIRLS

1st	JOHN GREIG(BUILDERS) CENTRAL AC		
	J.McRorie	9.09	
	Kim.Montador	8.58	
	Kar.Montador	8.47	26.54
2nd	DUNDEE HAWKHILL HARRIERS		
	J.Miller	9.12	
	T.Stephen	8.54	
	J.Learmonth	9.24	27.30
3rd	EDINBURGH A.C.		
	E.Wardlaw	9.29	
	L.Harrison	8.40	
	S.McKenzie	9.25	27.34

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FASTEST LAPS

UNDER 13	UNDER 15	UNDER 17
J.McRorie 9.09	L.Harrison 8.40	J.Ward 8.35
J.G.Builders(Cent)AC	Edinburgh A.C.	B.T.Pitreavie A.C.

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NATIONAL SENIOR/JUNIOR MEN

1st	LESLIE DEANS RACING CLUB		
	P.Fleming	12.39	
	D.Ross	12.47	
	J.Robson	12.49	
	T.Hanlon	12.14	50.29
2nd	CAMBUSLANG HARRIERS		
	D.Runciman	12.47	
	C.Thomson	12.51	
	S.Wylie	12.38	
	G.Croll	12.45	51.01
3rd	SHETTLESTON HARRIERS		
	D.Cameron	12.58	
	J.MacKay	13.02	
	W.Coyle	12.44	
	G.Wight	12.26	51.10

FASTEST LAP

T.Hanlon - Leslie Deans Racing Club	12.14
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NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS
YOUNG MALE ATHLETES

1.	Fife A.C. - 23.27					
	A.Lemoncello (1)	8.05	C.Michie (1)	7.25	I.Rough (1)	7.57
2.	Victoria Park AAC - 23.45					
	S.O'Boyle (8)	8.30	P.Uppal (6)	7.51	P.Young (2)	7.24
3.	Cambuslang Harriers - 23.54					
	P.Graham (5)	8.24	G.Ferguson (3)	7.42	S.South (3)	7.48
4.	IBM Spango Valley AC - 24.04					
	G.Barlas (3)	8.14	I.Fister (2)	7.38	S.Johnstone(4)	8.12
5.	TSB Corstorphine AAC - 24.22					
	S.O'Brien (4)	8.17	C.O'Brien (5)	7.58	S.Ferrier (5)	8.07
6.	Teviotdale Harriers - 24.23					
	C.Watson (27)	9.14	S.Hogg (16)	7.53	M.Combe (6)	7.16
7.	John Greig Builders Central AC - 24.25					
	J.Aitken (14)	8.50	R.Houston (7)	7.45	J.McDonald (7)	7.50
8.	Kilbarchan AAC - 24.32					
	A.Ramsay (11)	8.38	A.Greig (15)	8.26	P.Greig (8)	7.28
9.	Falkirk Victoria Harriers - 24.41					
	K.Johnstone (2)	8.13	C.Couper (4)	8.00	J.McDonald (9)	8.28
10.	Cambuslang Harriers - 24.47					
	K.Kealy (12)	8.44	A.Millar (9)	8.04	H.Campbell(10)	7.59
11.	Kilbarchan AAC - 24.49					
	A.Thomson (13)	8.48	D.McCormack (19)	8.28	T.Yulle (11)	7.33
12.	Dundee Hawkhill Harriers - 24.56					
	M.McDonald(6)	8.25	S.Brooks (10)	8.25	S.Maloney (12)	8.06
13.	Ayr Seaforth AC - 24.59					
	G.Henry (9)	8.33	S.Kenain (12)	8.28	C.Robertson(13)	7.58
14.	Cambuslang Harriers - 25.07					
	G.Wylie (28)	9.16	S.Carson (18)	7.57	G.Lyon (14)	7.54
15.	Greenock Glenpark Harriers - 25.01					
	R.Barclay (23)	9.12	A.McShane (20)	8.09	J.Hendry (15)	7.40
16.	Falkirk Victoria Harriers - 25.15					
	D.Algeo (10)	8.33	S.Anderson (14)	8.31	B.Paterson (16)	8.11
17.	Babcock Thorn Pitreavie AAC - 25.19					
	R.Sinclair (16)	8.52	K.Matnie (21)	8.31	S.Chisholm(17)	7.56
18.	George Heriots School - 25.20					
	S.Campbell (15)	8.51	P.Cormack (22)	8.35	G.Goddard (18)	7.54
19.	Dundee Hawkhill Harriers - 25.27					
	D.McDonald (7)	8.27	A.Hunter (13)	8.36	N.Gunstone (19)	8.24
20.	Teviotdale Harriers - 25.34					
	S.Cottrell (34)	9.21	J.Turnbull (24)	8.16	S.Lauder (20)	7.57

21.	Giffnock North AAC - 25.40				
	J.Cleghorn (25) 9.12	I.Melvin (30) 8.38	R.Meffen (21) 7.50		
22.	John Greig Builders Central AC - 25.43				
	P.Whitelam (37) 9.24	B.Anderson (17) 7.46	S.Grieve (22) 8.33		
23.	Stonehouse AAC - 25.49				
	T.Gerathy (53) 10.07	B.Smart (37) 8.05	A.Sandilands (23) 7.37		
24.	Kilbarchan AAC - 25.54				
	D.Rankin (42) 9.33	M.Byrne (28) 8.14	C.Sommerville(24) 8.07		
25.	Victoria Park AAC - 25.58				
	D.Rodger (20) 9.06	C.Munro (27) 8.40	P.McGowan (25) 8.12		
26.	Ayr Seaforth AC - 25.59				
	K.Reid (29) 9.16	C.Garret (32) 8.45	D.Cox (26) 7.58		
27.	Cambuslang Harriers - 26.00				
	J.Dempster(50) 9.58	S.Barbor (36) 8.13	A.Dobie (27) 7.49		
28.	Babcock Thorn Pitreavie AAC - 26.00				
	J.Paterson (17) 8.53	G.Mathieson (23) 8.34	S.Roy (28) 8.33		
29.	Kilbarchan AAC - 26.01				
	R.McGuire (21) 9.10	P.Fleming(38) 9.05	C.McDerment (29) 7.46		
30.	TSB Corstorphine AAC - 26.08				
	R.Martin (19) 9.00	B.Clark(33) 9.02	T.Norwood (30) 8.06		
31.	Teviotdale Harriers - 26.10				
	B.Marsh (31) 9.18	R.Lauder (26) 8.28	S.Watson (31) 8.24		
32.	Cambuslang Harriers - 26.14				
	D.Young (58) 10.22	J.Cleland (41) 8.05	D.McRae (32) 7.47		
33.	East Kilbride AAC - 26.33				
	B.Rooney (36) 9.23	S.McCracken(42) 9.05	B.Madden(33) 8.05		
34.	Fife A.C. - 26.39				
	S.Cassidy (38) 9.24	J.Seeley (31) 8.26	S.Berry (34) 8.49		
35.	Giffnock North AAC - 26.41				
	D.Donachie (44) 9.37	E.More (47) 9.01	D.Melvin(35) 8.03		
36.	Kilbarchan AAC - 26.42				
	C.Moffat (32) 9.19	S.Dock (50) 9.34	A.McLeod (36) 7.49		

All Teams should move one place upwards below this line

38.	Giffnock North AAC - 26.45				
	C.George (39) 9.26	D.McDonald (44) 9.07	M.Dawson (38) 8.12		
39.	Falkirk Victoria Harriers - 26.51				
	A.Bell(40) 9.28	J.Shenava (35) 8.38	K.Blair (39) 8.45		

40. /-

40.	Law & District AAC - 26.53				
	B.Murphy (54)	10.15	P.Dearie (52)	8.55	D.Muir (40) 7.43
41.	Dundee Hawkhill Harriers - 26.56				
	M.Hanlon (48)	9.47	J.Lafferty (45)	8.50	R.Scott (41) 8.19
42.	George Heriots School - 27.00				
	I.Punes (35)	9.23	O.Leslie(48)	9.24	A.Prunes (42) 8.13
43.	Babcock Thorn Pitreavie AAC - 27.10				
	R.Boyd (47)	9.41	S.Koronka (40)	8.34	A.Frosyth (43) 8.55
44.	Falkirk Victoria Harriers - 27.17				
	K.McCluskey (41)	9.30	D.Craig (43)	9.00	S.Lawson (44) 8.47
45.	Victoria Park AAC - 27.18				
	R.McKenzie (46)	9.38	D.O'Boyle(51)	9.24	M.Baillie (45) 8.16
46.	John Greig Builders Central AC - 28.18				
	I.McDonald (60)	10.30	F.McHardy (46)	8.07	B.Thomson(46) 9.41
47.	East Kilbride AAC - 28.21				
	M.Murdoch (52)	10.05	W.Henderson (53)	9.31	G.Keddie(47) 8.45
48.	Victoria Park AAC - 28.25				
	D.Thomson(61)	10.50	C.Baillie(59)	9.30	J.Letford(48) 8.05
49.	Victoria Park AAC - 28.34				
	C.Fleming(51)	10.04	A.Strain(56)	10.07	A.Campbell(49) 8.23
50.	George Heriots School - 28.43				
	T.McLaren(59)	10.24	B.Graham(58)	9.54	G.Laurie(50) 8.25
51.	Larkhall YMCA Harriers - 28.43				
	N.Cameron (49)	9.58	S.Loecker (57)	10.19	R.Cameron(51) 8.26
52.	Maryhill Harriers - 28.44				
	C.Howe (56)	10.17	S.McGurn (49)	8.31	M.McGurn (52) 9.56
53.	TSB Corstorphine AAC - 29.27				
	K.Hynd (33)	9.20	C.Hynd (54)	10.27	M.Dale (53) 9.40
54.	East Kilbride AAC - 29.31				
	C.Henderson (62)	11.18	M.Smith (60)	9.15	A.Mitchell (54) 8.58
55.	Fife A.C. - 30.12				
	M.Nelson (55)	10.17	C.Bennison (55)	9.44	N.Shaw(55) 10.11
56.	Fife A.C. - 31.17				
	T.Green(18)	8.55	A.Cassalls (11)	8.02	S.Latimore (56) 14.20

These Teams did not close

Clydesdale Harriers

M.Rudzinski (24) 9.12 D.Moore (8) 7.36

Clydesdale Harriers

D.McInally (30) 9.16 M.Howie (25) 8.24

Dundee Hawkhill Harriers

C.Petrie (43) 9.33 K.Learmonth(34) 8.32

These Teams did not close

Dundee Hawkhill Harriers

P.Shepherd (45) 9.38 R.Standfield (39) 8.37

John Greig Builders Central A.C.

D.Christie (22) 9.11 C.Logan (29) 8.38

Giffnock North AAC

G.Carroll (26) 9.14

NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS

YOUNG FEMALE ATHLETES

1.	John Greig Builders Central AC	-	26.54				
	J.McRorie(1)	9.09	Kim.Montador(2)	8.58	Kar.Montador (1)	8.47	
2.	Dundee Hawkhill Harriers	-	27.30				
	J.Miller (2)	9.12	T.Stephen (1)	8.54	J.Learmonth (2)	9.24	
3.	Edinburgh A.C.	-	27.34				
	E.Wardlaw (6)	9.29	L.Harrison (3)	8.40	S.McKenzie (3)	9.25	
4.	Babcock Thorn Pitreavie AAC	-	27.39				
	N.Thomson (12)	9.55	H.Norman (8)	9.09	J.Ward (4)	8.35	
5.	Irvine A.C.	-	28.02				
	L.McAuley (4)	9.17	L.Hanvey (4)	9.28	S.McNairney (5)	9.17	
6.	Strathkelvin Ladies A.C.	-	28.38				
	L.Jamieson (14)	9.59	R.Gallacher(10)	9.28	M.Hastie (6)	9.11	
7.	City of Glasgow A.C.	-	28.46				
	H.Connel (3)	9.13	G.McDonald (7)	9.46	M.Dearie (7)	9.47	
8.	Dundee Hawkhill Harriers	-	28.47				
	I.McIntyre (5)	9.25	C.Charles (6)	9.26	K.Stephenson (8)	9.56	
9.	Edinburgh A.C.	-	28.48				
	L.Hancock (9)	9.48	A.Hood (5)	9.00	R.Amos (9)	10.00	
10.	Helensburgh AAC	-	28.49				
	M.McKinley (7)	9.39	L.Walsh (11)	9.49	K.Gallagher (10)	9.21	
11.	Helensburgh AAC	-	29.14				
	A.Gallagher (8)	9.43	C.McShane (9)	9.36	L.Stevenson (11)	9.55	
12.	Babcock Thorn Pitreavie AAC	-	29.19				
	M.McArthur (18)	10.09	W.Gosden (12)	9.24	L.Kelly (12)	9.46	
13.	Giffnock North AAC	-	29.30				
	J.Kirk (17)	10.08	L.Kirk (16)	9.44	K.Kirk (13)	9.38	
14.	Strathkelvin Ladies AC	-	29.44				
	D.Twaddle(21)	10.28	R.McDougall (19)	9.42	J.Langan (14)	9.34	
15.	Kilbarchan AAC	-	29.54				
	S.McGrennigen(11)	9.53	F.Menzies (14)	9.50	C.Scarles (15)	10.11	
16.	Dundee Hawkhill Harriers	-	30.22				
	C.Burnett (16)	10.03	S.McCarron (15)	9.40	G.Ross (16)	10.39	
17.	Babcock Thorn Pitreavie AAC	-	30.24				
	L.Mitchell (24)	10.44	E.Webster (22)	9.30	L.Black (17)	10.10	
18.	Kilbarchan AAC	-	30.27				
	J.McLay (13)	9.58	H.Townsend (13)	9.38	H.A.Anderson (18)	10.51	

19.	East Kilbride AAC - 30.30					
	L.Mooney (20)	10.14	L.Reid (17)	9.45	S.Smith(19)	10.31
20.	John Greig Builders Central AC - 30.45					
	L.Douglas (23)	10.41	L.Nicoll (18)	9.26	D.Burrow (20)	10.38
21.	TSB Corstorphine AC - 31.07					
	G.Berry (31)	11.12	L.Henderson(24)	9.59	F.Braid (21)	9.56
22.	Irvine A.C. - 31.11					
	L.A.Hanvey (19)	10.11	K.Bryant (2)	10.00	K.Monaghan (22)	11.00
23.	Edinburgh Woollen Mill - 31.18					
	C.Jackson (30)	11.09	A.McDonald (27)	10.19	S.Dunn (23)	9.50
24.	Edinburgh Woollen Mill - 31.33					
	A.Brolly (32)	11.13	L.Brown (29)	11.07	S.Hood (24)	9.13
25.	J.W.Kilmarnock Harriers & AC - 31.33					
	K.Watt (33)	11.28	L.McPhail (3)	10.55	S.Youden (25)	9.10
26.	IBM Spango Valley AC - 31.45					
	H.Wyness (10)	9.50	S.Smith (21)	10.22	G.Harper (26)	11.33
27.	East Kilbride AAC - 31.55					
	G.Walsh (34)	11.29	K.Smith (25)	9.47	K.Gray (27)	10.39
28.	Maryhill Harriers - 32.26					
	L.Carrigan (25)	10.46	D.Gallacher (23)	9.40	C.McKenzie (28)	12.00
29.	TSB Corstrophine AC - 33.00					
	G.Gilroy (28)	11.04	A.Gordon (28)	11.05	D.Anderson (29)	10.51
30.	Larkhall YMCA Harriers - 33.54					
	J.Shearer (26)	10.49	L.Fitzpatrick (31)	12.01	L.Weir (30)	11.04
31.	Giffnock North AAC - 35.27					
	J.Sweeney (35)	11.30	J.Dingwall (32)	13.30	K.Gemmell (31)	10.27
32.	Giffnock North AAC - 36.32					
	D.Wilson (36)	11.45	P.Currie (34)	14.21	P.Hewson (32)	10.26

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These Teams did not close

City of Glasgow AC			
L.Letford (27)	10.54	E.Sinclair (26)	21.17
IBM Spango Valley AC			
P.Sweeney (29)	11.08	P.Smith (33)	25.38
City of Glasgow AC			
F.Reid (22)	10.38		

NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS

SENIOR/JUNIOR FEMALES

1.	City of Glasgow A.C. - 46.18				
	E.Cochrane (4) 15.34	L.McIntyre (1) 15.16	S.Branney (1) 15.28		
2.	Shettleston Harriers Ladies - 47.01				
	E.McBrinn (6) 15.40	E.MacKay (2) 15.27	K.Scobie (2) 15.54		
3.	Edinburgh University H & H - 47.39				
	K.MacMillan (5) 15.38	M.Smith (3) 15.32	H.Parkinson (3) 16.29		
4.	Babcock Thorn Pitreavie AAC - 48.11				
	M.Healey (10) 16.18	V.Vaughn (5) 16.16	T.Thomson (4) 15.37		
5.	Edinburgh Woollen Mills - 48.25				
	J.Hastings (11) 16.23	K.Gormley (4) 15.27	C.McFadden (5) 16.35		
6.	City of Glasgow A.C. - 49.14				
	G.Walker (3) 15.33	J.Devitt (6) 17.11	J.Thomson (6) 16.30		
7.	Irvine A.C. - 49.34				
	S.Hatch (7) 15.49	J.Byng (8) 17.14	H.Morton (7) 16.31		
8.	IBM Spango Valley A.C. - 49.48				
	M.Blakie (8) 16.01	C.Gibson (7) 16.56	A.M.McKee (8) 16.51		
9.	East Kilbride AAC - 51.09				
	K.Watson (16) 17.46	H.Grant (11) 16.37	E.Reid (9) 16.46		
10.	Falkirk Victoria Harriers - 51.55				
	J.Stevenson (2) 15.21	C.Lawless (9) 18.06	A.Douglas (10) 18.28		
11.	Giffnock North A.C. - 52.39				
	B.O'Neil (9) 16.10	M.Connel (12) 18.29	M.Taylor (11) 18.00		
12.	Fife A.C. - 53.40				
	J.Sommerville (19) 18.21	L.Wallace (15) 17.09	P.Lemoncello(12) 18.10		
13.	Shettleston Harriers Ladies - 54.17				
	S.Robertson(12) 16.52	M.Hastings (16) 18.48	S.Carter (13) 18.37		
14.	Dundee Hawkhill Harriers - 54.33				
	C.Smith (13) 17.14	C.Peacock (19) 19.02	D.Munro (14) 18.17		
15.	Dundee Hawkhill Harriers - 54.43				
	G.Hanlon(17) 17.54	A.Carr (17) 18.02	L.Rice (15) 18.47		
16.	Edinburgh University H&H - 55.06				
	A.Fothergill (20) 18.43	F.Johnson (14) 16.43	J.Goldblatt (16) 19.40		
17.	Kilbarchan AAC - 55.26				
	N.Fleming (18) 18.14	S.Bremner (20) 18.15	P.Ronnie(17) 18.57		
18.	Strathclyde University Harriers - 55.27				
	M.Van Gogh(14) 17.19	C.Fairweather (13) 17.24	E.Dearie(18) 20.44		
19.	Irvine A.C. - 56.17				
	L.McGarry (15) 17.23	M.Miller (18) 18.37	M.McCulloch(19) 20.17		

20.	Victoria Park AAC - 56.45					
	S.Kennedy (1)	15.20	C.Dewar (10)	18.56	H.Goode (20)	22.29
21.	Edinburgh University H&H - 57.23					
	C.McTait (24)	19.19	D.Nixon (22)	19.45	K.Bradly (21)	18.19
22.	St.Andrews University - 58.32					
	C.Hudson (21)	18.47	H.Fielden (21)	20.12	A.Brewin (22)	19.33
23.	Lucozade Motherwell & Dist.AAC - 58.35					
	S.Markey (25)	20.00	C.Ralston (24)	19.55	P.Wilson (23)	18.40
24.	St.Andrews University - 60.37					
	J.Plumpton (22)	19.01	J.McGrowther (23)	20.30	C.Plant (24)	21.06
25.	Irvine A.C. - 62.18					
	K.Melville (27)	20.34	E.Shannon (26)	20.16	C.Gear (25)	21.28
26.	St.Andrews University - 62.36					
	L.Spark (29)	22.23	K.Thompson (28)	21.36	F.Thyne (26)	18.37

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These Teams did not close

IBM Spango Valley AAC

J.Cox (28) 21.40 J.Hendrie (25) 18.38

Shettleston Harriers Ladies

F.Ross (26) 20.24 J.Corrigan (27) 22.44

Shettleston Harriers Ladies

D.Hamilton (30) 23.12 M.Daly (29) 21.02

City of Glasgow A.C.

B.Cockburn (23) 19.05

NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS
SENIOR/JUNIOR MALES

1.	Leslie Deans Racing Club - 50.29				
	P.Fleming (1) 12.39	D.Ross (1) 12.47	J.Robson (1) 12.49		
	T.Hanlon (1) 12.14				
2.	Cambuslang Harriers - 51.01				
	D.Runcieman (3) 12.47	C.Thomson(2) 12.51	S.Wylie (2) 12.38		
	C.Croll (2) 12.45				
3.	Shettleston Harriers - 51.10				
	D.Cameron (8) 12.58	J.McKay (6) 13.02	W.Coyle (4) 12.44		
	G.Wight (3) 12.26				
4.	Kilbarchan AAC - 51.44				
	R.Fitzsimmons (4) 12.51	T.Anderson (5) 13.02	T.Hearle (7) 13.18		
	R.Quinn (4) 12.33				
5.	Leslie Deans Racing Club-51.46				
	K.Chapman (2) 12.43	I.Veitch (3) 12.58	F.McGowan (3) 12.58		
	J.Ross (5) 13.01				
6.	Falkirk Victoria Harriers - 52.02				
	G.Grindlay (10) 13.06	J.Sherban (4) 12.37	S.Binns (6) 13.13		
	I.Johnston (6) 13.06				
7.	Greenock Glenpark Harriers - 52.21				
	H.Cox (14) 13.14	B.Jenkins (11) 13.17	J.McFadyen (11) 13.16		
	A.Puckrin (7) 12.34				
8.	Clydesdale Harriers - 52.22				
	J.Austin (5) 12.52	G.Graham (7) 13.12	I.Murphy (5) 12.43		
	P.Halpin (8) 13.35				
9.	Edinburgh University H&H -52.39				
	B.Maley (34) 13.52	P.Mowbray (10) 12.19	J.Duncan (9) 13.19		
	R.Beynon (9) 13.09				
10.	Leslie Deans Racing Club - 53.00				
	D.Gardiner (9) 13.04	A.Robson (8) 13.03	M.Coyne (10) 13.35		
	S.Kerr (10) 13.18				
11.	Teviotdale Harriers - 53.15				
	D.Barr (21) 13.27	D.Cavers (9) 12.42	A.Walker (8) 13.11		
	I.Elliot (11) 13.54				
12.	Babcock Thorn Pitreavie AAC - 53.43				
	S.Weir (12) 13.10	G.Kelly (18) 13.54	M.Greally (12) 12.59		
	C.Watson (12) 13.40				
13.	Victoria Park AAC - 53.48				
	S.Gilmour(13) 13.11	A.Adams (14) 13.43	A.Douglas (13) 13.29		
	C.Little (13) 13.25				
14.	J.W.Kilmarnock Harriers - 54.18				
	J.Tonner (31) 13.46	E.Tonner (13) 13.00	S.Murray (16) 13.57		
	J.Goldie (14) 13.35				
15.	Irvine A.C. - 54.20				
	B.Richardson (6) 12.55	C.Miller (12) 13.40	L.Richardson(14) 13.56		
	B.Craig (15) 13.49				

16.	Shettleston Harriers - 54.30			
	D.McConagle (20) 13.26	D.McMorran (15) 13.30	D.Gilmore (17) 13.56	
	A.Coyne (16) 13.38			
17.	FMC Carnegie Harriers - 54.36			
	S.Ogg (33) 13.48	T.Thomson (20) 13.24	P.Morrison(20) 13.50	
	I.Stewart (17) 13.34			
18.	Cambuslang Harriers - 54.39			
	D.Thom (25) 13.36	W.McTaggart (24) 13.48	S.Fleming(21) 13.41	
	I.Reid (18) 13.34			
19.	IBM Spango Valley A.C. - 54.45			
	E.Watt (16) 13.19	E.McKee(16) 13.39	S.Conaghan (15) 13.39	
	C.Spence (19) 14.08			
20.	Cambuslang Harriers - 55.04			
	J.Coyle (28) 13.42	R.Ar Buckley (17) 13.18	S.Kennedy (18) 13.57	
	M.Gormley (20) 14.07			
21.	Law & District A.C. - 55.20			
	A.Ramage (42) 14.06	I.MacFarlane (31) 13.46	J.Frood (35) 14.44	
	A.Russell (21) 12.44			
22.	Dumfries Running Club - 55.29			
	C.Heaven(18) 13.22	J.Laird (19) 13.46	J.Ferguson (19) 13.50	
	L.Hill (22) 14.31			
23.	Glasgow University H&H - 55.37			
	G.Barrie (23) 13.30	A.Mace (23) 13.52	K.Corbett(22) 14.03	
	P.Fettes (23) 14.02			
24.	Victoria Park AAC-56.02			
	C.Greenhalgh(40) 14.02	D.Fotheringham(33) 13.54	J.Doyle(31) 14.28	
	C.Steele (24) 13.38			
25.	Babcock Thorn Pitreavie AAC - 56.17			
	A.Donaldson (26) 13.38	D.Arnett (29) 14.03	K.Duncan (23) 14.03	
	P.Baxter (25) 14.33			
26.	Ayr Seaforth AAC - 56.22			
	B.Robertson (38) 13.59	B.Boyd (35) 14.05	A.Harris (28) 14.07	
	J.Strawhorn (26) 14.11			
27.	Kilbarchan AAC - 56.25			
	I.McDougall (19) 13.23	G.Gibson (25) 14.03	A.Mitchell (25) 14.33	
	J.Snodgrass (27) 14.26			
28.	Perth Strathhtay Harriers - 56.36			
	D.Knight (11) 13.07	E.MacKay (26) 14.21	J.Whittet (24) 14.20	
	D.McDonald (28) 14.48			
29.	Falkirk Victoria Harriers - 56.39			
	M.McQuaid (15) 13.16	J.Martin (27) 14.12	A.Ronald (27) 14.34	
	W.Higgins (29) 14.37			
30.	Greenock Wellpark Harriers - 56.41			
	D.McFadyeon (7) 12.57	G.King (22) 14.23	S.McKinlay (45) 16.14	
	G.Gaffney (30) 13.07			

31.	Greenock Glenpark Harriers - 56.47				
	N.Armsworth (32)	13.46	P.Russell (36)	14.20	C.Morrison(32) 14.24
	P.Duffy (31)	14.17			
32.	Edinburgh University H&H - 56.51				
	G.Stewart (36)	13.53	I.Barnes (32)	13.59	D.Godfree (26) 14.08
	G.Booth (32)	14.51			
33.	Haddington East Lothian Pacemakers - 56.58				
	D.Bell (30)	13.53	T.Harley (46)	14.52	J.Forte (38) 14.15
	D.McGuinness (33)	13.58			
34.	Dundee Hawkhill Harriers - 57.09				
	G.Rennet (27)	13.41	A.Wilson (34)	14.22	D.Sullivan (34) 14.29
	J.Kirkland(34)	14.37			
35.	Ayr Seaforth AAC - 57.12				
	A.Auld (56)	14.34	J.Caird (48)	14.14	R.Hubbard (40) 14.18
	G.Young (35)	14.06			
36.	TSB Corstorphine AAC - 57.26				
	P.O'Brien (56)	14.31	M.Anderson (44)	14.09	D.Law (33) 13.51
	M.Caldwell (36)	14.55			
37.	Dumbarton AAC - 57.31				
	E.Caldwell (43)	14.07	F.Caldwell (37)	14.06	P.Walsh (29) 14.01
	A.Adams (37)	15.17			
38.	Clydesdale Harriers - 57.42				
	M.Divers (41)	14.06	D.Halpin (38)	14.15	R.Rossborough(37) 14.29
	R.Young (38)	14.52			
39.	Fife A.C. - 57.51				
	H.McKay (24)	13.34	K.Harkness(41)	15.01	J.Rough (46) 15.08
	B.McGregor (39)	14.08			
40.	Shettleston Harriers - 57.52				
	K.McLean (61)	14.41	J.Hendry (43)	13.56	S.Whitehill (47) 15.13
	G.McKie (40)	14.02			
41.	FMC Carnegie Harriers - 58.02				
	B.MacDonald(63)	14.42	R.Adam(45)	14.00	I.MacDonald(41) 14.35
	I.Taylor (41)	14.45			
42.	Springburn Harriers - 58.06				
	P.Laing(49)	14.23	J.Bell (42)	14.12	A.Callan (43) 14.53
	T.Fontana (42)	14.38			
43.	Bellahouston Harriers - 58.17				
	A.Daly (53)	14.32	J.Thallon (40)	13.57	D.Thomas (42) 14.56
	E.Merrer (43)	14.52			
44.	Edinburgh A.C.- 58.17				
	S.Proctor (77)	15.19	R.Hope (54)	13.55	G.Lightwood (51) 14.53
	G.Smith (44)	14.10			
45.	East Kilbride AAC - 58.19				
	A.McLellan (45)	14.11	R.Fulton (63)	15.38	B.Ronald (49) 14.06
	G.Reid (45)	14.24			

46.	Greenock Glenpark Harriers - 58.20				
	H.Fenion (5) 14.25	W.Jukes (47) 14.23	D.McNeill(50) 15.17		
	A.McDonald (46) 14.16				
47.	Kirkintilloch Olympians - 58.29				
	C.Burns (29) 13.42	K.Leitch (21) 13.33	J.Little (36) 15.32		
	I.McGurk (47) 15.42				
48.	Strathclyde University - 58.31				
	E.Calvert (17) 13.20	J.Brown (28) 14.19	C.Delahunty (30) 14.41		
	R.Blair (48) 16.11				
49.	Irvine A.C. - 58.32				
	J.Surgeon (66) 14.48	J.McNamee (56) 14.29	D.Connery (52) 14.51		
	J.White (49) 14.24				
50.	Calderglen Harriers - 58.48				
	M.Duthie (30) 13.46	D.Calder (49) 15.04	R.Shanks (55) 15.32		
	A.Derrick (50) 14.26				
51.	Lucozade Motherwell District AC - 58.54				
	S.Murdoch (69) 14.58	D.Fallows (62) 14.91	B.McLindon (62) 15.11		
	S.Gibson (51) 13.54				
52.	Edinburgh Southern Harriers - 59.02				
	A.Brown (64) 14.42	W.Begley (60) 15.01	S.Innes (59) 15.01		
	B.Howie (52) 14.18				
53.	Cambuslang Harriers - 59.07				
	F.Connor (37) 13.58	B.Gough (39) 14.26	T.McPake (44) 15.05		
	I.Gordon (53) 15.38				
54.	Falkirk Victoria Harriers - 59.19				
	D.McMillan (46) 14.14	D.Loathian (50) 15.46	D.Gillespie(54) 15.21		
	P.McKellachar (54) 14.58				
55.	Maryhill Harriers - 59.19				
	M.Gallacher (22) 13.28	G.Robertson (30) 14.15	J.Sweeney (39) 15.20		
	K.Stevenson (55) 16.16				
56.	Kilbarchan AAC - 59.37				
	D.Mewse (71) 15.03	A.McAndrews (52) 14.10	J.McMillan (57) 15.26		
	A.Ross (56) 14.58				
57.	Giffnock North AAC - 59.41				
	I.Airdrie (39) 14.00	A.Wylie (51) 15.04	W.Glasgow (48) 14.51		
	C.Rankin (57) 15.46				
58.	John Greig Builders Central AC - 59.52				
	A.Anthony (47) 14.17	S.McArthur (55) 14.57	P.Paterson (53) 15.00		
	I.Smith (58) 15.38				
59.	Falkirk Victoria Harriers - 60.03				
	R.Smith (51) 14.27	S.Wilson (57) 14.56	M.Hursman (56) 15.03		
	I.Wallace (59) 15.37				
60.	IBM Spango Valley AC - 60.04				
	B.Knight (87) 15.42	S.Dalglish (76) 14.49	D.McCabe (65) 14.47		
	D.Munro (60) 14.46				

61.	Hunters Bgg Trotters - 60.17				
	I.Marshall (120)	18.28	R.Brown (93)	13.57	C.Farquharson (68) 13.15
	R.Thomas (61)	14.37			
62.	IBM Spango Valley AC - 60.28				
	C.Black (73)	15.08	I.Graham(64)	14.50	D.McGarrity(64) 15.11
	I.McDonald (62)	15.19			
63.	Edinburgh University H&H - 60.33				
	M.Holmes (44)	14.10	D.Tinker (53)	15.04	J.Esson (61) 15.45
	I.Finlayson (63)	15.34			
64.	J.W.Kilmarnock Harriers - 60.40				
	F.Evans (67)	14.48	I.Drummond (68)	15.20	S.Dickson (63) 14.58
	G.Cairns (64)	15.34			
65.	Glasgow University H&H - 66.56.				
	J.Hall (68)	14.56	J.Watson (72)	15.23	P.Wilson (73) 15.45
	L.Campbell (65)	20.52			
66.	Irvine A.C. - 61.14				
	R.Cheyne (80)	15.19	M.Flinn (59)	14.23	J.Bailey (67) 15.55
	F.Dowell (66)	15.37			
67.	Bellahouston Harriers - 61.27				
	D.Branney(82)	15.22	N.Freel (70)	14.50	H.Scott(72) 15.52
	T.Dickie (67)	15.23			
68.	Ayr Seaforth AAC - 61.42				
	S.MacSporran(74)	15.11	S.MacPherson(73)	15.09	P.Kelly(78) 16.05
	R.Hill (68)	15.17			
69.	TSB Corstorphine AAC - 61.53				
	S.Bissett(79)	15.19	T.Ferrington(78)	15.14	G.McLean(71) 15.31
	M.Malcolm-Smith(69)	15.49			
70.	Greenock Glenpark Harriers - 62.03				
	S.McLoone (62)	14.42	R.Shaw (66)	15.22	J.Cuffe(69) 15.37
	J.Carruthers (70)	16.22			
71.	Edinburgh University H&H - 62.04				
	M.O'Connor(58)	14.34	S.Morton(71)	15.39	S.Brown(70) 15.41
	G.Armitage (71)	16.10			
72.	Westerlands AC - 62.07				
	A.Cameron (95)	16.01	D.Calder(75)	14.29	I.Struthers(80) 16.19
	A.Blackley (72)	15.18			
73.	Cambuslang Harriers - 62.08				
	M.O'Hagan (48)	14.18	R.Anderson(65)	15.44	M.Gallagher(66) 15.24
	S.Eaglesham (73)	16.42			
74.	Fife A.C. - 62.15				
	I.Wallace (54)	14.34	D.Gunstone(67)	15.32	M.Dingwall(75) 16.09
	G.Brannison(74)	16.00			
75.	Dumbarton AAC - 62.18				
	G.Hanley (99)	16.12	T.Kelly(90)	15.52	B.Morton(83) 15.33
	W.Wilson (75)	14.41			

76.	Clydesdale Harriers - 62.24				
	J.Shields (81)	15.19	G.Kane(74)	15.09	B.Edridge(79) 16.09
	P.Dolan (76)	15.47			
77.	East Kilbride AAC - 62.27				
	G.Haddow(60)	14.39	C.Clement(58)	14.50	D.Bell(58) 15.12
	D.Turnbull(77)	17.46			
78.	Dumfries Running Club - 62.44				
	W.Mason(86)	15.34	N.Kerr(84)	16.00	D.Brown(76) 14.42
	D.Burgess(78)	16.28			
79.	Troon Tortoises AC - 62.58				
	B.McKeating(76)	15.14	I.Beattie(77)	15.17	G.McGregor(77) 15.53
	C.Martin(79)	16.34			
80.	Haddington East Lothian Packemakers - 63.03				
	R.Hope (57)	14.34	R.Harris (82)	15.36	P.McDonald(85) 16.41
	J.Baird (80)	15.12			
81.	Dundee Hawkhill Harriers - 63.09				
	A.Lamb (84) (Sen.)	15.26	A.Lamb(Jnr.)(89)	16.34	A.Birse(90) 16.28
	G.Hanlon (81)	14.41			
82.	Victoria Park AAC - 63.42				
	A.Young(59)	14.36	J.Marr(81)	16.40	R.Blair(81) 16.11
	G.Greenhalgh(82)	16.25			
83.	George Heriots School - 63.52				
	A.McConnachie (35)	14.34	S.Goddard(61)	15.14	G.Robertson(60) 15.09
	R.McLean (83)	18.55			
84.	J.W.Kilmarnock Harriers - 64.00				
	B.Robertson(94)	15.58	D.Mitchell(88)	15.57	S.Russell(82) 15.32
	R.Ferguson(84)	16.33			
85.	Babcock Thorn Pitreavie AAC - 64.02				
	C.Mathieson (70)	15.01	D.Gray (69)	15.10	J.Farquhar (88) 17.56
	R.Roy (85)	15.55			
86.	Strathclyde University - 64.12				
	T.Pott (104)	16.26	I.Botheroyd(101)	16.56	D.Armstrong(89) 14.47
	G.Kirk (86)	16.03			
87.	IBM Spango Valley AC - 64.45				
	T.Tracey (97)	16.03	F.Campbell(96)	16.34	D.Docherty(92) 15.59
	R.Martin (87)	16.09			
88.	Calderglen Harriers - 64.48				
	J.Rafferty (75)	15.14	D.Henderson (80)	15.49	J.Muldoon (86) 16.53
	A.Patterson (88)	16.52			
89.	St.Andrews University - 64.53				
	P.Conner(83)	15.25	P.Corrigan (79)	15.10	P.Grogan (74) 15.39
	K.Dewar (89)	18.39			

90.	Springburn Harriers - 65.07				
	E.Dickson(88)	15.48	A.McKee(87)	16.05	S.Grimshaw(87) 16.11
	F.Wright (90)	17.03			
91.	Edinburgh A.C. - 65.22				
	A.Shawley(98)	16.08	R.Nolan (94)	16.17	A.MacEwan(93) 16.15
	E.Stevenson(91)	16.42			
92.	Giffnock North AAC - 65.35				
	F.Cooper (90)	15.53	B.Campbell(86)	15.50	A.Hay (94) 16.59
	A.Stewart (92)	16.53			
93.	Cambuslang Harriers - 65.56				
	M.McDonald(85)	15.32	P.I'Ansom(83)	15.54	M.Johnston(84) 16.13
	G.Hearn (93)	18.17			
94.	TSB Corstorphone AAC - 66.13				
	R.Anderson(112)	17.09	C.Egner(104)	16.36	D.Henderson(100) 16.23
	K.Hood (94)	16.05			
95.	Fife A.C. - 66.28				
	K.McCue (92)	15.54	I.Overton(85½)	15.46	D.Francis(91) 16.55
	F.Cagion (95)	17.53			
96.	Greenock Glenpark Harriers - 66.31				
	D.Guy (93)	15.54	R.Dolan (95)	16.34	G.Russell(96) 16.50
	J.Kerr (96)	17.13			
97.	John Greig Builders Central AC - 66.48				
	P.Murphy (102)	16.21	J.McDonald(102)	17.06	M.Crawford(98) 16.13
	J.Drummond(97)	17.08			
98.	Lucozade Motherwell District AC - 66.51				
	J.Roan(113)	17.11	G.Murray(109)	17.21	J.Dobbie(106) 17.05
	J.Hughes (98)	15.14			
99.	IBM Spango Valley AC - 67.04				
	D.Olding (103)	16.24	J.Smillie(98)	16.40	J.Conaghan(104) 16.38
	B.Johnston(99)	17.22			
100.	Calderglen Harriers - 67.10				
	J.Stewart (109)	17.00	A.Muir (105)	16.56	J.McGugan(101) 16.25
	G.McGugan(100)	16.49			
101.	Bellahouston Harriers - 67.11				
	C.Joss(101)	16.18	B.Guthrie (99)	16.52	S.Stone(97) 16.24
	D.Hay(101)	17.37			
102.	J.W.Kilmarnock Harriers - 68.06				
	A.Graham(107)	16.49	I.Merry(106)	17.18	I.Cabbie(103) 16.32
	J.Reid (102)	17.27			
103.	Maryhill Harriers - 68.13				
	J.McCartney(72)	15.04	J.Micoud(92)	17.19	S.Lydon (102) 18.01
	L.McCue (103)	17.49			
104.	Greenock Wellpark Harriers - 70.16				
	A.Cameron(114)	17.12	I.McKenna(110)	17.25	W.Stoddart(104) 16.06
	J.Sloss (104)	19.33			

105.	Ayr Seaforth AAC - 70.40				
	C.Brown (96)	16.03	R.Page(100)	17.13	D.Paul(107) 18.33
	J.Evans (105)	18.51			
106.	St.Andrews University - 70.52				
	D.Mitchell(122)	20.58	P.Crampton(112)	14.25	N.Crampton(113) 20.35
	J.Eve (106)	14.54			
107.	Irvine A.C. - 71.36				
	A.McInroy (65)	14.45	W.McGill(103)	18.51	D.Kerr(108) 18.33
	D.King(107)	19.27			
108.	John Greig Builders Central AC - 73.05				
	G.Redpath (121)	19.21	H.Fleming(117)	18.03	A.Grieve(112) 17.06
	J.Dickson (108)	18.35			
All Teams should move up one place below this line					
110.	Calderglen Harriers - 74.26				
	R.Stewart (116)	17.37	M.Buchanan(113)	19.06	A.Begg (111) 17.41
	C.Steven (110)	20.02			
111.	Irvine A.C. - 74.53				
	D.Cambell(106)	16.40	J.Morton (107)	17.45	B.Adam(110) 19.47
	T.Parker(111)	20.41			

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These Teams did not close

Troon Tortoises					
	V.Daley (110)	17.00	W.Spark (111)	18.03	G.Malone(109) 17.58
Garscube Harriers					
	S.Cullen (89)	15.50	W.Marshall(97)	17.10	S.Sheridan(95) 15.54
Greenock Glenpark Harriers					
	R.Hodelet (118)	18.01	T.Knight (115)	17.15	
Clydesdale Harriers					
	P.Rydzinski(108)	16.52	D.Gemmell(114)	19.54	
IBM Spango Valley					
	A.Galbraith(119)	18.01	L.McMahan (116)	19.21	
Dundee Hawkhill Harriers					
	R.McIntosh (115)	17.25	J.Phelan (108)	17.05	
Victoria Park AAC					
	B.Watson (111)	17.05			
Edinburgh Southern Harriers					
	J.Profeitt(100)	16.15			
Shettleston Harriers					
	J.McColl (91)	15.53			

These Teams did not close

Haddington East Lothian Pacemakers
R.Good (105) No time given

Larkhall YMCA Harriers
C.Pheely (78) 15.19

Babcock Thorn Pitreavie AAC
J.Garvie (117) 17.53

The Scottish Athletics Federation Road Running & Cross Country Commission are grateful to the following, without whose help this event would not have taken place. Our Sponsor, Kellys Copiers, the Magnum Leisure Centre and Staff, Irvine Development Corporation, Cunninghame District Council, Ayrshire & Arran Community Health Care and all the Officials involved in today's event and support backup facilities.